

# Sports at ELTE

Introducing ELTE-BEAC



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  - [www.beac.hu](http://www.beac.hu)
  - [www.facebook.com/elte.beac/](http://www.facebook.com/elte.beac/)

# A little BEAC history



**Budapest University Athletics Club**



The organization functions on two platforms: on one hand to ensure sport opportunities for university students; on the other hand endeavors to achieve traditional high-level results in competitive sports.

*118 years of history*

*One of the oldest athletics club in Hungary*

*400 Hungarian championship titles*

*5 Olympic gold medals*

*More than 5000 active sportsmen*

*More than 30 departments, such as:*

table-tennis, athletics, karate, handball, korfbal, basketball, football, orienteering, hiking, badminton, chess, water polo, martial arts, triathlon, climbing, aerobic, futsal

# Mass Sports Events

- **5vös5:** 5 km long running contest around the Lágymányosi Campus with music, cheerleading and professional sportsmen running by your side
- **ELTE Fit Night:** Aerobic fair with sports displays and try outs from various sports
  - Aerobic
  - Spinning
  - TRX, Kettlebell
  - Mini Triathlon
  - Rowing ergometer
  - Xbox games
  - after party
  - ...and many more



# Erasmus Sport Program - Sports opportunities

Our trainings and championships are organized in order to ensure training possibilities for foreign and Erasmus students. During the semester we organize several sport and recreational programs for you.

## Hit the gym!

- You can workout in the BEAC gym as much as you want! ELTE-BEAC offers you a special Erasmus Gym 4 month season ticket with which you can visit any time you'd like to!



Contact: [szervezes@beac.elte.hu](mailto:szervezes@beac.elte.hu) and visit the following **Facebook group**: **ELTE BEAC edzőterem**

# Erasmus Sport Program - Sports opportunities

## Ride with us!

- Spinning is an inner cycling activity with the best coaches you have ever met.
- You can ride for specially mixed, great music with others in a small group to keep fit and healthy.
- We provide you Heart Rate Monitor Watch to make your training more efficient



Contact [cycling.beac@gmail.com](mailto:cycling.beac@gmail.com) and visit the following **Facebook group: ELTE-BEAC Cycling**

# Erasmus Sport Program - Sports opportunities

- **Find a creative hobby in our aerobic section!**
- A broad number of coaches offer you different kind of cultures of motion, such as aerobics, jazz dance, belly dance and yoga! Find the most suitable for you. Suitable for the ladies, but not exclusively for them. 😊



Contact [szilvi.pulay@gmail.com](mailto:szilvi.pulay@gmail.com) and visit the following **Facebook group: ELTE Aerobik**

# Main Sports facilities

- **BOGDÁNFY STREET ELTE SPORTS CAMP OR BEAC COURT (BUDAPEST XI., BOGDÁNFY ÖDÖN STR. 10/B)**
- For students of the ELTE: running track, plastic covered track, gym, sport shall (suitable for tennis, badminton, football, basketball, handball, volleyball), covered tennis court, outdoor bitumen pitch (suitable for handball, basketball, football), outdoor tennis courts.
- **Phone:** 06-1- 209-0619



- **ELTE MÉRNÖK STREET SPORT CAMP (BUDAPEST XI., MÉRNÖK STR. 35.)**
- Here you can practice tennis, five-men football (green, bitumen, and hard pitch), handball, streetball, beach volleyball.





# Contact us!

<http://www.beac.hu/in-english/>

**Facebook: BEAC**

